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Dear _____

Thank you for scheduling your PET/CT exam with Windsong Radiology Group. To ensure that we make efficient use of your time here, please read the following information carefully.

Date of Appointment: _____ Please arrive at: _____ am / pm

Exam Preparation Instructions:

- Two (2) days prior to your exam, we ask that you do not chew gum, and abstain from strenuous activity - no house cleaning, mowing, shoveling, exercising, etc.
- The day before and morning of your procedure please follow a no carbohydrate diet. You may eat green vegetables, meat, fish, eggs and cheese. Please stay away from all sweets, pasta, potatoes, fruit, etc.
- You may drink coffee or tea with milk and/or artificial sweetener, milk or any diet beverages.
- On the day of the procedure, please fast for four (4) hours. You may take medication with water and if necessary, with soda crackers.
- Diabetics should fast just two (2) hours on the day of the procedure. You may eat an egg and meat up to two hours prior to the exam.
- Avoid any alcohol consumption.
- What to wear to the exam? Please wear clothing that does not have any metal and that is warm, as the scanner room gets cool. If you do wear clothing that has metal in it, gowns are available for you to change into.
- How long will I be at Windsong? On average, you should be here for 2 ½ - 3 hours.
- Upon arrival, you will be given 1 ½ bottles of Barium contrast to drink.
- PET/CT scanning involves an injection of a **radioactive isotope**. Consequently, contact with infants, children and pregnant women should be avoided for 24 hours following your exam.

IMPORTANT: If you need to cancel and/or reschedule your appointment, please do so within **24 hours** of your appointment. We order materials specifically for your exam date and time. If you fail to cancel or reschedule your appointment within 24 hours of your appointment, you will be held responsible for the materials (\$235.00). Also, if we need to reschedule your appointment due to not following the diet outlined above, you will be responsible for the drug charge of \$235.00.

We will contact you the day before your exam to answer any further questions you may have, confirm your appointment time and assure that you are following the preparations as listed above. ***If you do not hear from us by 2:00pm the day prior to your appointment, please contact the PET/CT department directly at (716) 631-2500 ext. 2158.***

*****Please bring any prior reports or films that pertain to your exam with you on the date of your appointment for us to review.***

If you need to take your films, please be advised that our staff requires a 48 hour advance notice to prepare them for you.

Thank you for choosing Windsong Radiology Group for your diagnostic imaging services. We look forward to your visit. If you have any questions prior to your visit, please contact us at (716) 631-2500.